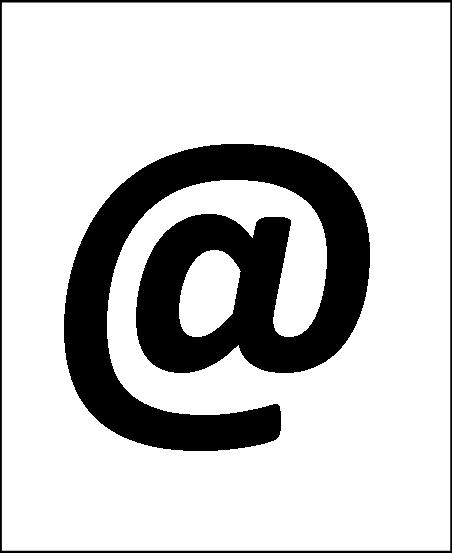
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**Munther A.Aziz Ahmed Tareef**



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**Mobiles :** +973 36514445 +973 36393818



[munther3350@gmail.com](mailto:munther3350@gmail.com)

**Date of Birth :** April 7, 1989

**Marital Status :** Married

**Nationality :** Bahraini

**Personal Profile**

A competent and organized individual who is able to work as part of a team and manage several priorities at any one time. Has a positive attitude, strong work ethic, and a keen desire to learn and grow within a firm. Possesses superb communications skills, and always treats people with respect and according to their individual needs. A dedicated professional and therefore aims to make any office as effective and efficient as possible. Fully understands the pressures of achieving targets and accurately assessing job applicants according to their ability.

**Work Experience**

**External Sales Assistant**

Smart line Advertising **FEB 17 – Ongoing**

- Sell retail products, goods and services to customers.

- Work with customers to find what they want, create solutions and ensure a smooth sales process.

- Work to find new sales leads, through business directories, client referrals, etc.

- Focus on inside sales, which typically involves "cold calling" for new clients while in an office setting

or outside sales, which involves visiting clients in the field with new or existing clients. Often, there sales representatives will have a combination inside/outside sales job.

**Personal Trainer**

Levrone Gym **FEB 15 – SEP 17**

- Apply fundamental exercise science principles to design fitness programs that help meet health and fitness goals in public and private settings.

- Keep up to date with current industry standards and practices by completing periodic continuing education requirements.

- Collect general client information, which includes the client’s age, gender, height and weight.

**Sales Assistant**

Bahrain Duty Free **FEB 15 – FEB 17**

- Provides product, promotion, and pricing information by clarifying customer request; selecting appropriate information; forwarding information; answering questions.

- Provide excellent face to face sales and support service to all customers, with o Accurate, professional and efficient service.

- High level of customer care and responsiveness.

- Accurately and efficiently handling all point of sale transactions, either cash or card payments, or reconciliations, working to duty free service standards for all orders and transactions.

- Work to given guidelines to manage stock maintenance, filling shelves and display of merchandise.

- Provide support to team with opening and closure of shop, security awareness and general vigilance.

**Personal Trainer**

Classic Gym **JUN 12 – JUL 14**

- Design safe and effective 30 minutes to 1-hour personal training programs for individual clients, adapting the strength training program to each person’s specific needs and abilities.

- Instruct members in the strength training principles, training procedures, and exercise techniques.

- Teach members the proper and preferred use of all the strength training equipment.

- Inform members of new information regarding strength training safety and effectiveness.

- Provide individual supervision and reinforcement during members’ training sessions.

- Promote Personal Training through personal example and member interaction.

**Security Guard**

The K Hotel **JUL 12 – SEP 13**

- Observing and reporting.

- Checking and monitoring.

- Maintain order among people.

- Receiving guests.

- Offer safety warnings and tips.

- respond quickly and correctly during crisis.

**Personal Trainer**

Tiger’s Gym **DEC 11 – JUN 13**

- Building programs, teaching, and implementing an individual’s personal fitness and wellness program.

- Maintain and provide a professional and confidential relationship in which the participant will be instructed on benefits of - Exercise and proper use of exercise equipment.

- Motivate and coach individuals or groups in personalized exercise plans.

**Security Guard**

Elite Facility Management **DEC 08 – FEB 11**

- Secures premises and personnel by patrolling property; monitoring surveillance equipment; inspecting buildings, equipment, and access points; permitting entry.

- Obtains help by sounding alarms.

- Prevents losses and damage by reporting irregularities; informing violators of policy and procedures; restraining trespassers.

- Controls traffic by directing drivers.

**Theater Usher**

Dana Mall cinema **OCT 07 – NOV 0**8

- Politely directing and escorting patrons to their seats.

- Providing patrons with programs and other relevant materials.

- Checking assigned section for cleanliness.

- Visually sweep the theaters to check for potential safety issues and lost and found items.

- Be aware of and enforce appropriate house rules.

**Sales associate**

Macdonald’s **JAN 04 – SEP 07**

- Welcome customer as they arrive with a smile.

- Ask customer how they can be helped.

- Provide customers with product information that they need.

- Escort customers to the correct aisles.

- Explain product features and warranty agreements.

- Demonstrate the working of a product when the customer asks.

**Education & Qualifications**

**Fire Risk Assessment and Management 2013**

**First Aid / CPR Certificate 2013**

**Communication Skills Certificate 2013**

**Basic Security Operative Certificate 2010**

**General Secondary Certificate (industrial) 2007**

Sheikh Khalifa Technology School – Ministry of Education, Bahrain

**Secondary School Certificate (industrial) 2005 – 2007**

Sheikh Khalifa Technology School – Ministry of Education, Bahrain

**Skills & Work Strengths**

- Fluent speaking and writing in Arabic & English.

- Establishing excellent relationships with customers.

- Excellent & Professional working knowledge of Microsoft Word, Excel, and PowerPoint.

- Ability to solve theoretical and practical problems systematically.

- Excellent leadership attitude and good teamwork*.*

- Problems solving, time and self-management.

- Working under pressure.